

# The Miracle of Reiki

by Sandra Diamond, M.A., RMT, Ct.H

Reiki was the last esoteric technique I added to my healing arsenal. When I began my Reiki training, I was experienced in the psycho-spiritual workings of chakras. I was completing my Masters degree in Experiential Healing. Certified in Hypnotherapy, I also trained further for Past Life Regression. I had walked the Himalayan foothills, became a Bon Jonqini, a Tantric Tibetan Buddhist Shaman. I've taught T'ai Chi and QiGong for 16 years now, and meditated for well over 30 years. I spent a decade studying Core Shamanic Healing, including Soul Retrieval, Extractions, and other esoteric techniques. I've worked with Vibrational healing: sound and crystals and gemstones. Then came Reiki!

Prior to my Reiki training, people asked if I could do "Reiki." No, I hadn't had Reiki certification. After explaining my background and training, most people would say, "no thank you." Perhaps it was pure devotion to Reiki, or maybe the word "Reiki" was a familiar buzz word for energy work. All healing modalities are distinct because of the specific signature of that work. Attunements and symbology are what make the practice of Reiki unique.

I initially didn't like Reiki, didn't trust it, didn't believe in it, didn't think it was evolved enough. Now I do. When I was studying the chakras and their psycho spiritual connection, I was under the impression that Reiki was this low level of energy, that didn't go deep.

The healer is an instrument of the universe from which energy passes through to the client. The healer is a conduit; Shamans say, "an empty vessel, a hollow bone." Reiki means Universal Energy...but what does that mean? It comes from a knowing. When a healer disassociates from his or her own ego and connects with Universal Consciousness, all things are possible.

Today, I respect Reiki. Now, I pay attention to Reiki. I "listen, see, sense" when Reiki is the tool necessary. I have no choice. Reiki comes to me, calls to me, appears to me.

Here's how I knew that change had come; here is the evolution within my healership with that Universal Consciousness. Clients would come in for spiritual healing, for "this malady" or "that problem," and while doing some of my most treasured healing techniques, a Reiki symbol would appear before my closed eyes. There. Right in front of my third eye. A Reiki Symbol. A symbol to direct my intention; my attention. A symbol for the clarity of work. A purification. These direct, focused symbols were added to my arsenal. In the middle of a healing, I got a Reiki symbol, as directed by the Universe. And how was this effective? What was the point of it all? After years of being a Reiki Master and Teacher, I found the miracle of Reiki this past October in a very personal way.

It was after a lengthy bout of lymphoma that we had to put down Maya, one of my two dogs. Maya's death was very sad for me, and for my remaining dog, Teo. Litter mates, these two dogs had spent their entire existence together. Two months later, we were vacationing, traveling through Canada. I left Teo with my grown son so this grieving animal would not wind up alone in a kennel. We were gone for a week. The morning we were scheduled to

return, I got a call from my son. Teo was in the Vet's office, brought in the afternoon before. Since we were not in the country, he couldn't reach us. The dog was very ill. The Vet kept him overnight. I hung up and called the Vet's office. We were eight hours away from home. Our Vet said, "Get here; fast. Safe. Come directly to the office." He hoped the dog would make it. His liver and kidneys were failing. Heart function was way off. High fever; red and white blood cell counts chaotic.



We went speeding home. A half hour down the road, a state trooper pulled us over. We were as cooperative as possible, and told our tale of woe; however, unsympathetically, he gave us a ticket. Of course, that held us up by another half hour.

While my husband drove, the symbol for long distance healing appeared. It just appeared. I surrendered to it, and imagined working on my beloved, twelve year old puppy. Long distance, just what I needed. Maya, his litter mate, left the house one day and never returned. We left and his body fell apart. This precious, sentient being, needed to know I was with him and Reiki took me to him energetically.

The miles rolled on and on. With the miles came the symbols. After the long distance connection came the symbol for healing the body followed by the symbol for the emotions. Dogs are sentient beings, and this symbol was important. Then came the Master Symbol for healing the soul. All four Usui Reiki symbols appeared to me that trip. I was so busy that our eight hour drive was over in no time. We turned into the Vet's office.

Before we saw the dog, the Vet gave me a full analysis of Teo's blood profile and what medications he administered. As soon as was possible, I got to my dog and took him out onto the grass. He "took care of business," then snuggled up close to me and nuzzled into me. My hands were tingling at every touch, connecting Reiki energy with all my love. The following morning, I brought Teo home. He was on a regimen of meds, loving care, and Reiki.

The Veterinary office couldn't believe or explain the rebound. Every day possible, we took walks in the park, or on his favorite beach.

His diagnosis - Teo thought he was left for dead. As soon as I began Reiki, his near dead body began its journey back from the abyss. I am blessed to continue to have this dog in my life and we are both blessed by the Miracle of Reiki.

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